

	MALE	FEMALE	1/3 RANGE
Kcal	2300	1900	633-767
Protein	63g	50g	17-21g
Vit A	1000ug RE	800	266-334
Vit C	60mg	60mg	20mg

Source: Data is based on the 1997 RDA and 1995 DV; RDA comes from the FDA

Note: 2 Chicken Soup Menus Do Not Meet 1/3 RDA Parameters for Protein